BALTI

Exotic dishes, aromatically spiced, freshly cooked from balti pan.

Chicken Tikka	£10.95
Lamb Balti	£11.50
Prawn	£10.95
King Prawn	£16.95
Vegetable v	£8.95
Cinnamon Mix Saag Balti	£12.95
Chicken, Lamb, Prawn, Tikka With Spinach.	
Garlic & Chilli Chicken Mushroom Balti	£11.95
Garlic Chilli Mossala Balti (Chicken Or Lamb)	£10.95

KORAI

Cooked & served on an iron skillet.

Shavan's Nerala 🥒

Aubergine cooked with prawns in light spice with Alam's secret recipe Unique taste.

Jalfrezi 🔊 🔊

Cooked with fresh green chilli, onions & capsicum in garlic butter.

Garlic Chilli Korai 🌛 🤌

Freshly diced garlic & green chilli, cooked in a very spicy garlic butter.

Dopiaza Korai 🥒

Onion, green & red pepper & garlic in a medium sauce.

Mossala Jalfrezi Korai 🇈 🔊

Cooked with fresh green chilli, onion, capsicum & garlic butter, in a mossala sauce.

Garlic Chilli Mossala Korai

Cooked in massala spice light garlic, chilli & butter.

Chicken Tikka	£10.95	King Prawn	£16.95
Lamb	£11.95	Vegetable V	£8.95
Prawn	£10.95		20.73

SPECIALITIES

Mossala N Cooked in a medium thick mossala sauce & coconut.

Butter N Coated in a butter cream, coconut, herbs & spices, producing a mouth watering dish.

Passanda N *A creamy, mild dish cooked with wine, in a rich thick sauce.*

Lock Now N Dish cooked with mushrooms & wine, in a rich thick sauce.

Podina Gosht N A mild dish cooked with honey & fresh mint. A very creamy dish.

Jafran N *Very mild dish cooked with coconut, cream & brandy.*

Chicken or Lamb £11.95, Vegetable £9.95

Delight v A creamy mild dish cooked with Tia Maria & coconut in a rich thick sauce. Chicken or Lamb £11.95, Vegetable £9.95

Chicken Tikka	£9.50	King Prawn	£16.95
Lamb	£10.95	Vegetable v	£7.95
Prawn	£12.95		

TRADITIONAL

Patha 🌛

Malava

Gobi Aloo 🌛

Cooked onion with light

spice in a Bhuna sauce.

Bhung sauce - light spice.

peppers. Medium strength.

Fairly hot, sweet & sour sauce.

Exotic fruits in a mild sauce.

Vindaloo & & Verv. very hot.

Saaq A Fresh spinach cooked in

Dopiaza Onions, red & green

VEGETABLE SIDES

£10.95

£16.95

£7.95

Korma N

Mild coconut creamy sauce.

Bhuna

Tomato, onion & garlic in a medium sauce.

Cylon N J

Coconut, hot tangy flavour.

Madras J J Fairly hot.

Kashmir Medium sauce with banana.

Dansak Chips

Garlic Chilli Chips

Asst. Pickles (each)

Papadom (each)

Dhansak 🌛

Lentils with a sweet & sour sauce.

Chicken	£9.50	Prawn
Lamb	£11.50	King Prawn
Chicken Tikka	£9.95	Vegetable v

ACCOMPANIMENTS

ACCOMPANIMEN	412	VEGETABLE 3	DE2
Plain Rice Pilau Rice	£3.50 £3.95	Dry or Curry Naga Aloo 🌶 🌶 Hot Potatoes	£4.95
Special Fried Rice Mushroom Rice Keema Rice	£4.95 £4.45 £5.50	Vegetable Curry Mushroom Bhaji Bombay Aloo <i>∮</i>	£4.95 £4.95
Onion Rice Garlic Fried Rice Egg Fried Rice	£4.45 £4.45	Potatoes Saag Aloo Spinach & Potatoes	£4.95
Coconut Rice Garlic Spinach Rice	£4.45 £4.95	Aloo Gobi Potatoes & Cauliflower	£4.95
Garlic Coriander Rice Coconut Chilli Rice Egg Mushroom Rice	£4.45 £4.95 £5.50	Tarka Daal Lentils Saag Daal Spinach & Lentils	£4.95 £4.95
Plain Nan Garlic Nan	£3.25 £3.95	Saag Paneer Spinach & Cheese	£5.95 £4.95
Keema Nan Peshwari Nan Peshwari Chilli Nan	£4.95 £4.95 £4.45	Creamy Garlic Mushrooms Brinjal Bhaji	£4.95
Garlic Cheese Nan Tikka Cheese Nan	£5.95 £6.95	Aubergines Bhindi Bhaji Okra	£4.95
Chapati Puree Plain Paratha	£2.50 £2.50 £4.95	Saag Chana Bhaji 🌶 Chickpeas & Spinach	£4.95
Stuffed Paratha Mossala Chips	£5.50 £4.50	Saag Bhaji Spinach Paneer Bhaji Hot	£4.95
Danash China	64.05	rancei bilaji noi 🧈	23.33

£4.95

£4.95

£1.00

£1.00

Motor Paneer

Aloo Chana 🌛

Potatoes & Chickpeas

Peas with Cheese

£5.95

£4.95

Indian Restaurant & Takeaway Indian & Bengali Cuisine

01202 875617 01202 891218

Open 7 Days a Week (inc. Bank Holidays) 5.00pm - 11.00pm

WEDNESDAY

Banquet Night 4 Courses £18.95p.p.

52 Victoria Road **Ferndown BH22 9HZ** FREE PARKING



ORDER ONLINE www.cinnamonferndown.co.uk

We deliver to the following postcodes: (f)BH22.BH21.BH31.BH24.BH9.BH10.BH11







APPETISERS	
Mixed Kebab Lamb, Chicken, Sheek & Onion Bhaji.	£7.95
King Prawn Puree Cooked in Bhuna sauce with a pancake.	£7.95
Prawn Puree Cooked in Bhuna sauce with a pancake.	£6.95
Sheek Kebab Minced meat, Cooked in an oven.	£5.95
Chicken Tikka Marinated & cooked in an oven.	£5.95
Lamb Tikka Marinated & cooked in an oven.	£6.50
Onion Bhaji ♥ Stuffed with herbs & spices, deep fried.	£3.95
Samosa v Pastry stuffed with lamb, chicken or vegetables.	£4.95
Garlic Mushroom Paneer Cooked in light spice & cheese.	£4.95
Cinnamon Platter (For two people) Grilled Lamb Chops, Spring Roll, Chicken Tikka & Onion Bhaji.	£14.95
Chicken Pakora Deep fried marinated chicken or vegetable. Lightly spiced.	£5.95
Skewered Meatballs Stir-fried in a chilli sweet & sour sauce.	£6.50
Sweet Chilli Chicken Cooked in sweet chilli jam.	£5.95
Chat Puree (Chicken Or Potato) cooked in a spicy tangy sauce with a pancake.	£5.95
Nargis Minced lamb covered with boiled egg, cooked in a clay oven, deep fried homemade bread.	£5.95

TANDOORI FLAMERS

Marinated and cooked in a Tandoori oven and served with salad & mint sauce. All dishes stir-fired with tandoori selected spices.

Tandoori Chicken (Half chicken)	£9.95
Chicken Tikka	£10.95
Lamb Tikka	£11.95
Tandoori King Prawns	£16.95
Shaslick (Chicken Or Lamb) Chicken or lamb tikka with capsicum, onion & tomato, cooked in an oven.	£11.95
Mixed Grill Flamer Pieces of chicken, tandoori chicken tikka, lamb tikka, sheek kebab & king prawn.	£14.95
Salmon Shaslick Pieces of salmon, grilled with capsicum, onion & tomato.	£12.95
Lambmuti Mushroom & Chargrilled lamb tikka or chicken tikka, stir-fried in fresh garlic, m.	£12.95 ushrooms &

spring onions, cooked in a spicy bhuna sauce. with King Prawns £16.95

Paneer Shashlick £13.95 Pieces of chicken or lamb with green peppers, onions & tomatoes, skewered in our oven, garnished with Chef's special mix of grilled cheese. With King Prawns £16.95 £12.95 Indian Stir-fry Battered chicken stirfry with green peppers, onions, chillies & garlic. Hot sweet & sour flavoured stir-fry. With King Prawns £16.95 Indian Barbecued Fish £12.95 (Salmon or Seabass) Marinated fish steaks, skewered in our oven. garnished with Chef's spicy tomato chutney. **CHEF'S RECOMMENDATIONS** Authentic Bangladeshi Dishes. Strength to taste. Classic Staff Curry (Chicken or Lamb) £12.95 Cooked in a spicy staff curry sauce, using an array of ground spices, fresh cinnamon & a bay leaf. A wonderful blend of spices which are distinctly notable on your taste buds. With King Prawns £16.95 Stuffed Murahi Curry 🌛 £12.95 Whole breast of prime chicken fillet, stuffed with spicy vegetable mash, then grilled in the Tandoori oven, Garnished with a spicy staff curry sauce, served with pan fried mushrooms. Shatkora Staff Curry & £12.95 The Shatkora is a truly individual dish created using the citrus fruit Shatkora, which is a tangy, slightly bitter fruit from Bangladesh. When used in cooking it gives the dish a very unique taste which can only be described when tried. A home favourite among many Bangladeshis. Recommended with Lamb. With King Prawns £16.95 £14.95 Samba Biran Fillet of sea bass or salmon is flavoured with ground spices then pan fried. A separate vegetable mix samba is created to give this dish its base. Crispy fish & a moist vegetable base gives this dish it's wonderful combination of flavours. £12.95 Mango (Chicken Or Lamb) This is a wonderful dish, packed with tropical flavours, a beautiful combination of sweet fruity mango. With King Prawns £16.95 King Prawn Saag Salom J £16.95 Whole grilled king prawns in a home made sauce, flavoured with ground spices, spinach & garlic. The combination of king prawns, spinach & the intense flavoured staff curry sauce gives the dish a wonderful unique taste. Bombay Khan Sali (Chicken Or Lamb) \mathcal{J} £12.95 Cooked with boiled egg & delicate spices. A very saucy dish topped with fried potatoes & crispy onions. Achari (Chicken, Lamb Or Prawns) 1 £12.95 Cooked in herbs, garlic, ginger & dried fish powder mixed with Chef's special Bhuna sauce. Rim Jim Railway (Chicken Or Lamb) J £12.95 Fairly hot sauce with garlic, ginger and coriander, creating a unique taste.

Dishes not listed or the menu can be prepared upon request.
please note some dishes may contain nut or dairy product.

D Slightly Hot ** Madras Hot ** Day Extra Hot

V Vegetarian **N Traces of Nuts

Hariali (Chicken Or Lamb)

A dish cooked with tender lamb or chicken coconut cream, spinach, mint and chef's secret recipe.

Mum's Kala Bhuna (This dish highly recommend) 🕖 £12.95

Prepared with lambs it is extremely favourite, among bengali families.

£12.95

£12.95

£12.95

£12.95

Deshi BazarFineapple cooked in tender lamb or chicken, bayleafs, cinnamon.

cardamom & coconut cream packed with a lot's of flavour.

Hari Mirch (Chicken Or Lamb)

€ £12.95

Cooked with onions, ginger, peppers, fresh green

cookea with onions, ginger, peppers, fresh gree chilli and a combination of chef's secret spices.

Anarkali (Hot Or Mild) J £12.95

From south-central India, this curry is a rich, full of flavour and mouth watering. Minced lamb, tandoori breast of chicken with whole spice.

Ninu Key Danda 🕖 £12.95

Mutton cooked in yellow dall with chefs hidden spice, very popular dish in south asia.

Ka-Piaju (Chicken Or Lamb) 🕖 £12.95

Cooked in spices & aubergine chutney. Medium hot. Authentic Bangladeshi Dish

Royal Shayaan (Chicken Or Lamb) $\sqrt[3]{N}$ £12.95 A medium hot dish cooked in a thick sauce, as

South Indian Garlic (Chicken Or Lamb) # £12.95

Prepared with specially selected herbs and spices and plenty of garlic for a mouth watering flavour.

served on first class train compartments in India.

Bhuna Mossala (Chicken Tikka)Chicken Tikka cooked with extensive spices & a touch of chef's special masala sauce, for a rich spicy, mild/medium/hot curry.

Naga (Chicken Or Lamb)

Cooked in Chef's spiced combination of fiery hot naga chilli sauce & garnished with tomato. With King Prawns £16.95

Sagathi Dall (Chicken Or Lamb) A dish full of flavour, cooked fresh spinach, lentils, garlic, fresh lemon juice & combined with Cinnamon's special selected spices. With King Prawns £16.95

Murghi Keema Chilli Aloo Mossala 🎻 £12.95 Strips of tandoori chicken & fresh minced lamb mixed with onion, tomato

garlic butter & fresh green chillies. Cooked in a home made mossala sauce. SIGNATURE BIRIYANI

Cooked with Basmati rice, spices & herbs. Served with a Vegetable Curry or Dahl Massala.

Chicken	£11.50	Garlic Chilli Naga 🌛 🌶
Lamb	£11.95	Chickpeas (Chicken Or Lamb) £12.95
Chicken Tikka	£11.95	,
Prawn	£11.95	Cinnamon Mixed Grill £13.95
King Prawn	£16.95	(Chicken,Lamb,King Prawn)
Sobzi V <i>Mixed Vegetables</i>	£9.95	Kashturi Creamy

Jalfrezi Mixed J £12.95
(Chicken, Lamb & Prawns)

Kushtun Creamy
£11.95
(Chicken Or Lamb)