

BALTI

Exotic dishes, aromatically spiced, freshly cooked from Balti pan.

Chicken Tikka	£10.95
Lamb Balti	£11.50
Prawn	£10.95
King Prawn Tikka	£16.95
Vegetable v	£8.95
Cinnamon Mix Saag Balti	£12.95
<i>Chicken, Lamb, Prawn Tikka</i>	
Garlic & Chilli Chicken Mushroom Balti 🌿🌿	£11.95
Mossala Balti	£10.95

KORAI

Cooked & served in an iron skillet.

Pathia Rogan Josh Korai 🌿

Sweet & sour hot sauce, topped with a tomato sauce.

Jalfrezi 🌿🌿

Cooked with fresh green chilli, onions & capsicum in garlic butter.

Garlic Chilli Korai 🌿🌿

Freshly diced garlic & green chilli, cooked in a very spicy garlic butter.

Dopiaza Korai 🌿

Onion, green & red pepper & garlic in a medium sauce.

Mossala Jalfrezi Korai 🌿🌿

Cooked with fresh green chilli, onion, capsicum & garlic butter, in a mossala sauce.

Dhansak Saag Korai 🌿

Cooked lentils and spinach in a sweet & sour sauce.

Chicken Tikka	£10.95	King Prawn	£16.95
Lamb Tikka	£11.95	Tikka	
Prawn	£10.95	Vegetable v	£8.95

SPECIALITIES

Mossala n Cooked in a medium thick mossala sauce & coconut.

Butter n Coated in a butter cream, coconut, herbs & spices, producing a beautiful mild, mouth watering dish.

Passanda n A creamy, mild dish cooked with wine, in a rich thick sauce.

Lock No n Dish cooked with mushrooms & wine, in a rich thick sauce.

Podina Gosht n A mild dish cooked with honey & fresh mint. A very creamy dish.

Jafran n Very mild dish cooked with coconut, cream & brandy.

Chicken or Lamb £11.95, Vegetable £9.95

Delight v A creamy mild dish cooked with Tia Maria & coconut in a rich thick sauce. *Chicken or Lamb £11.95, Vegetable £9.95*

Chicken Tikka	£9.50	King Prawn	£16.95
Lamb Tikka	£10.95	Tikka	
Salmon Tikka	£12.95	Vegetable v	£7.95

TRADITIONAL

Korma

Mild coconut creamy sauce. n

Bhuna Tomato, onion & garlic in a medium sauce.

Cylon n 🌿

Coconut, hot tangy flavour.

Madras 🌿🌿 Fairly hot.

Kashmir

Medium sauce with banana.

Dhansak 🌿 Lentils with a sweet & sour sauce.

Chicken	£8.95	Prawn	£10.95
Lamb	£10.95	King Prawn	£16.95
Chicken Tikka	£9.95	Vegetable v	£7.95

ACCOMPANIMENTS

Plain Rice	£3.25
Pilau Rice	£3.55
Special Fried Rice	£4.45
Mushroom Rice	£4.45
Keema Rice	£4.45
Onion Rice	£4.45
Garlic Fried Rice	£4.45
Egg Fried Rice	£4.45
Coconut Rice	£4.45
Garlic Spinach Rice	£4.45
Garlic Coriander Rice	£4.45
Coconut Chilli Rice	£4.45
Egg Mushroom Rice	£4.95
Plain Nan	£3.25
Garlic Nan	£3.95
Keema Nan	£4.45
Peshwari Nan	£4.45
Peshwari Chilli Nan	£4.45
Garlic Cheese Nan	£5.95
Tikka Cheese Nan	£6.95
Chapati	£2.50
Puree	£2.50
Plain Paratha	£4.95
Stuffed Paratha	£5.50
Mossala Chips	£4.50
Dansak Chips	£4.95
Garlic Chilli Chips	£4.95
Papadom (each)	£1.00
Asst. Pickles (each)	£1.00

Patha 🌿

Fairly hot, sweet & sour sauce.

Malaya

Exotic fruits in a mild sauce.

Vindaloo 🌿🌿🌿 Very, very hot.

Gobi Aloo Cooked onion with light spice in a Bhuna sauce.

Saag Fresh spinach cooked in Bhuna sauce - light spice.

Dopiaza Onions, red & green peppers. Medium strength.

Prawn	£10.95
King Prawn	£16.95
Vegetable v	£7.95

VEGETABLE SIDES

Dry or Curry	
Naga Aloo	£4.45
<i>Hot Potatoes</i>	
Vegetable Curry	£4.45
Mushroom Bhaji	£4.45
Bombay Aloo	£4.45
<i>Potatoes</i>	
Saag Aloo	£4.45
<i>Spinach & Potatoes</i>	
Aloo Gobi	£4.45
<i>Potatoes & Cauliflower</i>	
Tarka Daal	£4.45
<i>Lentils</i>	
Saag Daal	£4.45
<i>Spinach & Lentils</i>	
Saag Paneer	£4.95
<i>Spinach & Cheese</i>	
Creamy Garlic Mushrooms	£4.45
Brinjal Bhaji	£4.95
<i>Aubergines</i>	
Bhindi Bhaji	£4.95
<i>Okra</i>	
Saag Chana Bhaji	£4.95
<i>Chickpeas & Spinach</i>	
Saag Bhaji	£4.95
<i>Spinach</i>	
Paneer Bhaji	£5.95
<i>Hot</i>	
Motor Paneer	£5.95
<i>Peas with Cheese</i>	
Aloo Chann	£4.45
<i>Potatoes & Chickpeas</i>	

Cinnamon ferndown

Indian Restaurant & Takeaway
Indian & Bengali Cuisine

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Open 7 Days a Week
(inc. Bank Holidays)

5.00pm - 11.00pm

FREE PARKING

52 Victoria Road
Ferndown
BH22 9HZ

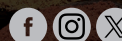
Wednesday
Banquet Night
4 courses
£16.95 p.p.
DINE IN ONLY

ORDER ONLINE

www.cinnamonferndown.co.uk

We deliver to the following postcodes:

BH22·BH21·BH31·BH24·BH9·BH10·BH11



APPETISERS

Mixed Kebab <i>Lamb, Chicken, Sheek & Onion Bhaji.</i>	£7.95
King Prawn Puree <i>Cooked in Bhuna sauce with a pancake.</i>	£7.95
Prawn Puree <i>Cooked in Bhuna sauce with a pancake.</i>	£5.95
Sheek Kebab <i>Minced meat. Cooked in an oven.</i>	£4.95
Chicken Tikka <i>Marinated & cooked in an oven.</i>	£5.45
Lamb Tikka <i>Marinated & cooked in an oven.</i>	£5.95
Onion Bhaji <i>Stuffed with herbs & spices, deep fried.</i>	£3.95
Samosa <i>Pastry stuffed with lamb, chicken or vegetables.</i>	£4.95
Garlic Mushroom Paneer <i>Cooked in light spice & cheese.</i>	£4.95
Cinnamon Platter <i>(For two people)</i> <i>Grilled Lamb Chops, Spring Roll, Chicken Tikka & Onion Bhaji.</i>	£14.95
Chicken or Vegetable Pakora <i>Deep fried marinated chicken or vegetable. Lightly spiced.</i>	£5.50
Skewered Meatballs <i>Stir-fried in a chilli sweet & sour sauce.</i>	£5.95
Sweet Chilli Chicken <i>Cooked in sweet chilli jam.</i>	£5.95
Aloo Chat Puree <i>Potato cooked in a spicy tangy sauce with a pancake.</i>	£5.95
Nargis <i>Minced lamb covered with boiled egg, cooked in a clay oven, deep fried homemade bread.</i>	£5.95

TANDOORI FLAMERS

Marinated and cooked in a Tandoori oven and served with salad & mint sauce. All dishes stir-fired with tandoori selected spices.

Tandoori Chicken <i>Half chicken.</i>	£9.95
Chicken Tikka	£10.95
Lamb Tikka	£11.95
Tandoori King Prawns	£16.95
Shaslick <i>Chicken or lamb tikka with capsicum, onion & tomato, cooked in an oven.</i>	£11.95
Mixed Grill Flamer <i>Pieces of chicken, tandoori chicken tikka, lamb tikka, sheek kebab & king prawn.</i>	£14.95
Salmon Shaslick <i>Pieces of salmon, grilled with capsicum, onion & tomato.</i>	£12.95
Lambmuti Mushroom <i>Chargrilled lamb tikka or chicken tikka, stir-fried in fresh garlic, mushrooms & spring onions, cooked in a spicy bhuna sauce. With King Prawns</i>	£12.95

Paneer Shashlick **£13.95**
Pieces of chicken or lamb with green peppers, onions & tomatoes, skewered in our oven, garnished with Chef's special mix of grilled cheese.
With King Prawns £16.95

Indian Stir-fry - Sizzler **£12.95**
Battered chicken cooked with green peppers, onions, chillies & garlic.
Hot sweet & sour flavoured stir-fry. With King Prawns £16.95

Indian Barbecued Fish - Sizzler **£12.95**
(Salmon or Seabass)
Marinated fish steaks, skewered in our oven, garnished with Chef's spicy tomato chutney.

CHEF'S RECOMMENDATIONS

Authentic Bangladeshi Dishes. Strength to taste.

Classic Staff Curry (Chicken or Lamb) **£12.95**
Cooked in a spicy staff curry sauce, using an array of ground spices, fresh cinnamon & a bay leaf. A wonderful blend of spices which are distinctly notable on your taste buds. With King Prawns £16.95

Stuffed Murghi Curry **£12.95**
Whole breast of prime chicken fillet, stuffed with spicy vegetable mash, then grilled in the Tandoori oven. Garnished with a spicy staff curry sauce, served with pan fried mushrooms.

Shatkora Staff Curry **£12.95**
The Shatkora is a truly individual dish created using the citrus fruit Shatkora, which is a tangy, slightly bitter fruit from Bangladesh. When used in cooking it gives the dish a very unique taste which can only be described when tried. A home favourite among many Bangladeshis. Recommended with Lamb.
With King Prawns £16.95

Samba Biran **£14.95**
Fillet of sea bass or salmon is flavoured with ground spices then pan fried. A separate vegetable mix samba is created to give this dish its base. Crispy fish & a moist vegetable base gives this dish it's wonderful combination of flavours.

Mango (Chicken or Lamb) **£12.95**
This is a wonderful dish, packed with tropical flavours, a beautiful combination of sweet fruity mango. With King Prawns £16.95

King Prawn Saag Salom **£16.95**
Whole grilled king prawns in a home made sauce, flavoured with ground spices, spinach & garlic. The combination of king prawns, spinach & the intense flavoured staff curry sauce gives the dish a wonderful unique taste.

Bombay Khan Sali (Chicken or Lamb) **£12.95**
Cooked with boiled egg & delicate spices. A very saucy dish topped with fried potatoes & crispy onions.

Achari (Chicken, Lamb or Prawns) **£12.95**
Cooked in herbs, garlic, ginger & dried fish powder mixed with Chef's special Bhuna sauce.

Rim Jim Ralway (Chicken or Lamb) **£12.95**
Fairly hot sauce with garlic, ginger and coriander, creating a unique taste.

Dishes not listed can be prepared on request.
Some dishes may contain nuts or dairy products.

Slightly Hot *Madras Hot* *Extra Hot*
V Vegetarian **N** Traces of Nuts

Hariali (Chicken or Lamb) **£12.95**
A dish cooked with coconut cream, spinach, mint and chef's secret recipe.

Adrak (Chicken or Lamb) **£12.95**
North Indian classic, ginger chicken or lamb, a creamy and warming comfort dish.

Jai Puri Chicken **£12.95**
Cooked in oriental spice with onions, tomato, capsicum & mushrooms.
Sweet & sour, topped with cheese.

Hari Mirch (Chicken or Lamb) **£12.95**
Cooked with onions, ginger, peppers, fresh green chilli and a combination of chef's secret spices.

Anarkali (Hot or Mild) **£12.95**
From south-central India, this curry is a rich, full of flavour and mouth watering. Minced lamb, tandoori breast of chicken with whole spice.

Hyderabad (Chicken or Lamb) **£12.95**
Cooked in tomato sauce, Kashmir paste, herbs with a sweet flavour.

Ka-Piaju (Chicken or Lamb) **£12.95**
Cooked in spices & aubergine chutney. Medium hot, authentic Deshi dish.

Royal Shayaan (Chicken or Lamb) **£12.95**
A medium hot dish cooked in a thick sauce, as served on first class train compartments in India.

South Indian Garlic (Chicken or Lamb) **£12.95**
Prepared with specially selected herbs and spices and plenty of garlic for a mouth watering flavour.

Bhuna Mossala (Chicken Tikka) **£12.95**
Chicken Tikka cooked with extensive spices & a touch of chef's special masala sauce, for a rich spicy, mild / medium / hot curry.

Naga (Chicken or Lamb) **£12.95**
Cooked in Chef's spiced combination of fiery hot naga chilli sauce & garnished with tomato. With King Prawns £16.95

Sagathi Dall (Chicken or Lamb) **£12.95**
A dish full of flavour, cooked fresh spinach, lentils, garlic, fresh lemon juice & combined with Cinnamon's special selected spices. With King Prawns £16.95

Murghi Keema Chilli Aloo Mossala **£12.95**
Strips of tandoori chicken & fresh minced lamb mixed with onion, tomato, garlic butter & fresh green chillies. Cooked in a home made mossala sauce.

SIGNATURE BIRIYANI

Cooked with Basmati rice, spices & herbs. Served with a Vegetable Curry or Dahl Massala.

Chicken	£9.95	Garlic Chilli	£11.95
Lamb	£10.95	Naga (Chicken or Lamb)	
Chicken Tikka	£10.95	<i>Chickpeas.</i>	
Prawn	£10.95	Cinnamon	£13.95
King Prawn	£16.95	Mixed Grill	
Sobzi <i>Mixed Vegetables</i>	£8.95	<i>(Chicken, Lamb & King Prawn)</i>	
Jalfrezi Mixed	£11.95	Kashturi	£11.95
		Creamy Coconut	
		<i>(Chicken or Lamb)</i>	

Chicken, Lamb & Prawns